

Make Lunchtime Anytime with Buddig!

Buddig Premium Deli Available in 4 Flavors

Benefits:

- Low-Sodium
- Pre-Sliced for easy prep
- 91-97% Lean
- No MSG
- Gluten Free
- Resealable packaging
- Shelf Life: 75 days refrigerated,
6 months frozen

#53175 Premium Deli Smoked Ham

Nutrition Facts	Amount/Serving %DV*		Amount/Serving %DV*	
	Total Fat 2.5g	4%	Total Carb. 1g	0%
Serving Size: 2oz (56g)	Sat. Fat 1g	5%	Fiber 0g	0%
Servings per Container: 12	Trans Fat 0g		Sugars 1g	
Calories 65	Cholesterol 30mg	10%	Protein 9g	18%
Calories from fat 30	Sodium 460mg	19%	Iron 6%	
Not a significant source of dietary fiber, vitamin A, vitamin and Calcium				
*Percent Daily Values (DV) are based on a 2,000 Calorie Diet				

#53110 Premium Deli Rotisserie Flavored Chicken Breast

Nutrition Facts	Amount/Serving %DV*		Amount/Serving %DV*	
	Total Fat 4g	6%	Total Carb. 1g	0%
Serving Size: 2oz (56g)	Sat. Fat 1g	5%	Fiber 0g	0%
Servings per Container: 12	Trans Fat 0g		Sugars 1g	
Calories 80	Cholesterol 30mg	10%	Protein 9g	18%
Calories from fat 40	Sodium 450mg	19%	Iron 8%	
Not a significant source of dietary fiber, vitamin A, vitamin and Calcium				
*Percent Daily Values (DV) are based on a 2,000 Calorie Diet				

#53173 Premium Deli Smoked Turkey Breast

Nutrition Facts	Amount/Serving %DV*		Amount/Serving %DV*	
	Total Fat 5g	8%	Total Carb. 2g	1%
Serving Size: 2oz (56g)	Sat. Fat 1.5g	8%	Fiber 0g	0%
Servings per Container: 12	Trans Fat 0g		Sugars 1g	
Calories 90	Cholesterol 30mg	10%	Protein 9g	18%
Calories from fat 45	Sodium 690mg	29%	Iron 8%	
Not a significant source of dietary fiber, vitamin A, vitamin and Calcium				
*Percent Daily Values (DV) are based on a 2,000 Calorie Diet				

#53104 Premium Deli Oven Roasted Turkey Breast

Nutrition Facts	Amount/Serving %DV*		Amount/Serving %DV*	
	Total Fat 5g	8%	Total Carb. 1g	0%
Serving Size: 2oz (56g)	Sat. Fat 1.5g	8%	Fiber 0g	0%
Servings per Container: 12	Trans Fat 0g		Sugars 1g	
Calories 90	Cholesterol 30mg	10%	Protein 9g	18%
Calories from fat 45	Sodium 450mg	19%	Iron 8%	Niacin 15%
Not a significant source of dietary fiber, vitamin A, vitamin and Calcium				
*Percent Daily Values (DV) are based on a 2,000 Calorie Diet				

Buddig Original Deli Available in 7 Flavors

Benefits:

- Available in Sliced and Shaved
- 90% Lean
- No MSG
- Gluten Free
- Resealable packaging
- Shelf Life: 60 days refrigerated,
6 months frozen

#53112 Buddig Original Ham

Nutrition Facts	Amount/Serving %DV*		Amount/Serving %DV*	
	Total Fat 5g	8%	Total Carb. 1g	0%
Serving Size: 2oz (56g)	Sat. Fat 2g	10%	Fiber 0g	0%
Servings per Container: 12	Trans Fat 0g		Sugars 1g	
Calories 90	Cholesterol 35mg	12%	Protein 9g	18%
Calories from fat 45	Sodium 590mg	25%	Iron 6%	
Not a significant source of dietary fiber, vitamin A, vitamin and Calcium				
*Percent Daily Values (DV) are based on a 2,000 Calorie Diet				

#53120 Buddig Original Honey Ham

Nutrition Facts	Amount/Serving %DV*		Amount/Serving %DV*	
	Total Fat 5g	8%	Total Carb. 2g	1%
Serving Size: 2oz (56g)	Sat. Fat 2g	10%	Fiber 0g	0%
Servings per Container: 12	Trans Fat 0g		Sugars 2g	
Calories 90	Cholesterol 35mg	12%	Protein 9g	18%
Calories from fat 45	Sodium 590mg	25%	Iron 6%	
Not a significant source of dietary fiber, vitamin A, vitamin and Calcium				
*Percent Daily Values (DV) are based on a 2,000 Calorie Diet				

#53111 Buddig Original Beef

Nutrition Facts	Amount/Serving %DV*		Amount/Serving %DV*	
	Total Fat 7g	11%	Total Carb. 1g	0%
Serving Size: 2oz (56g)	Sat. Fat 3g	15%	Fiber 0g	0%
Servings per Container: 12	Trans Fat 0g		Sugars 1g	
Calories 100	Cholesterol 45mg	15%	Protein 9g	18%
Calories from fat 60	Sodium 600mg	25%	Iron 6%	
Not a significant source of dietary fiber, vitamin A, vitamin and Calcium				
*Percent Daily Values (DV) are based on a 2,000 Calorie Diet				

#53114 Buddig Original Corned Beef

Nutrition Facts	Amount/Serving %DV*		Amount/Serving %DV*	
	Total Fat 7g	11%	Total Carb. 1g	0%
Serving Size: 2oz (56g)	Sat. Fat 3g	15%	Fiber 0g	0%
Servings per Container: 12	Trans Fat 0g		Sugars 1g	
Calories 100	Cholesterol 45mg	15%	Protein 9g	18%
Calories from fat 60	Sodium 600mg	25%	Iron 6%	
Not a significant source of dietary fiber, vitamin A, vitamin and Calcium				
*Percent Daily Values (DV) are based on a 2,000 Calorie Diet				

#53115 Buddig Original Chicken

Nutrition Facts	Amount/Serving %DV*		Amount/Serving %DV*	
	Total Fat 5g	8%	Total Carb. 2g	1%
Serving Size: 2oz (56g)	Sat. Fat 1.5g	8%	Fiber 0g	0%
Servings per Container: 12	Trans Fat 0g		Sugars 1g	
Calories 90	Cholesterol 30mg	10%	Protein 9g	18%
Calories from fat 45	Sodium 530mg	22%	Iron 4%	
Not a significant source of dietary fiber, vitamin A, vitamin and Calcium				
*Percent Daily Values (DV) are based on a 2,000 Calorie Diet				

#53121 Buddig Original Honey Roasted Turkey

Nutrition Facts	Amount/Serving %DV*		Amount/Serving %DV*	
	Total Fat 5g	8%	Total Carb. 3g	1%
Serving Size: 2oz (56g)	Sat. Fat 2g	10%	Fiber 0g	0%
Servings per Container: 12	Trans Fat 0g		Sugars 2g	
Calories 90	Cholesterol 30mg	10%	Protein 8g	16%
Calories from fat 45	Sodium 590mg	25%	Iron 2%	
Not a significant source of dietary fiber, vitamin A, vitamin and Calcium				
*Percent Daily Values (DV) are based on a 2,000 Calorie Diet				

#53113 Buddig Original Turkey

Nutrition Facts	Amount/Serving %DV*		Amount/Serving %DV*	
	Total Fat 5g	8%	Total Carb. 2g	1%
Serving Size: 2oz (56g)	Sat. Fat 2g	10%	Fiber 0g	0%
Servings per Container: 12	Trans Fat 0g		Sugars 1g	
Calories 90	Cholesterol 30mg	10%	Protein 8g	16%
Calories from fat 45	Sodium 590mg	25%	Iron 8%	Niacin 15%
Not a significant source of dietary fiber, vitamin A, vitamin and Calcium				
*Percent Daily Values (DV) are based on a 2,000 Calorie Diet				

Shipping Specifications for Premium and Original Deli

Case Dimensions: 14.69" x 9.75" x 5.13" | Pallet Configuration: 12 cases x 10 layers
All Cases contain 12 packages of 1 pound bags

Call your local sales representative at 1-800-621-0868
to request a Certificate of Analysis!